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POSTER

Surgical therapy of the squamous cell carcinoma of the thoracic esophagus

J. Göhl, P. Klein, J. Gusinde, A. Altendorf-Hofmann, P. Haller-Pittrow, W. Hohenberger. *University of Erlangen, Germany*

Purpose: These carcinomas mostly are detected in an advanced disease. Thus there is a poor prognosis in survival for the patients.

Methods: Between 1986 and 1995 we treated 512 consecutive patients (450 men (88%) median age 59 years) with squamous cell carcinoma of the thoracic esophagus (upper:middle:lower third Δ 81 (15%): 167 (32.6%): 147 (28.7%) patients, other Δ 117 (22.9%) patients).

Results: 106 patients (20.7%) were resected curatively (R0 resection), 23 (4.5%) patients underwent noncurative resection and 383 patients (74.8%) had palliative therapy. At the time of the initial diagnosis in 48 patients (45.3%) of the 106 R0 resected regional lymph node metastases were evident (the border lymph node in 16 patients (15.1%)). The category pT0/T1 was shown in 32 patients (30.2%), pT2 in 16 patients (15.1%) and pT3 in 52 patients (49.1%).

The overall 5-year-survival rate was the best for the lower third, followed by the middle and the upper third: $18 \pm 10\%$ vs. $12 \pm 6\%$ vs. $10 \pm 8\%$. This one for the nonresected differed with $3 \pm 3\%$ significantly. It also differed significantly from this one of the R0 resected patients, who survived in $28 \pm 8\%$. Within the group last named there still is a significant difference according to the pT category: pT1 Δ 68 ± 19 years, pT2 Δ 29 ± 35 years and pT3 Δ 24 ± 15 years.

Conclusion: The sole therapeutic option for an acceptable survival is R0 resection of the tumor in the category pT0/T1. Thus the main problem seems to be the early detection of this kind of cancer. Another important approach might be the (neo)adjuvant therapies, but our absolute number of patients treated in this way still is too small for a final assessment.

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Continuous 120 hours-infusion of mitomycin C (MMC) as salvage treatment in progressive or rapidly recurrent gastric cancer

J.T. Hartmann¹, M. Candelaria¹, G. Jäckh¹, H.-J. Schmoll², A. Harstrick³, L. Kanz¹, C. Bokemeyer¹. ¹Dep. Hematology/Oncology/Immunology, Eberhard-Karls-University Medical Center II, 72076 Tübingen; ²Dep. of Hematology/Oncology, Martin-Luther-University, Halle; ³Dep. Internal Medicine West German Cancer Center, University of Essen, Germany

Purpose: To evaluate the safety and therapeutic activity of continuously infused MMC in metastatic gastric cancer patients with disease recurrence or progression following first-line chemotherapy (ctx).

Patients and Methods: Pts were treated with MMC 20 mg/m² i.v. over a time period of 120 h followed by a 3-weeks rest under prophylactically applied prednisone 50 mg p.o. for 5d. 13 pts were enrolled and all were assessable for toxicity and 11 for response (2 pts evaluable but not measurable). Pts characteristics: Median age: 53 years (32–68); Sex (m/f): 10/3; Karnofsky status: 65% (50–90); Previous ctx: Bolus 5-FU/FA n = 5 (38%), ELF n = 4 (31%), EAP n = 3 (23%), c.i. 5-FU/FA/DDP n = 1 (8%); Resection of primary tumor n = 5 (38%); Site of metastases: hepar n = 12 (92%), locally advanced n = 7 (54%), peritoneum n = 7 (54%), pulmo n = 4 (31%), bone n = 1 (8%).

Results: In 11 evaluable pts 1 CR and 4 PRs were observed (ORR: 45% [CI_{95%}: 15.4–75.4%]). The median response duration was 3.5 mon (2–6), the median survival 4.8 mon (2.7–8.6). Median number of treatment cycles was 2 (1–6). WHO ⁰III/IV mucositis, diarrhea and fever/infection occurred each in 1 pts. Cumulative thrombo- and leukocytopenia (WHO ⁰III/IV) were observed in 3 and 1 pts and treatment had to be stopped early in 1 case. No severe renal dysfunction, pulmonary toxicity or evidence of hemolytic uremic syndrome was observed. Fatigue during the 120 h-infusion of MMC was common (5/13 pts).

Conclusion: The incidence of severe and cumulative thrombocytopenia was 15% in 13 pretreated pts receiving 120 h c.i. of MMC as salvage ctx. Other side-effects were rare. No renal side effects or hemolytic uremic syndrome occurred. Based on a small number of pts c.i. infusion of MMC has favourable single-agent activity in advanced gastric cancer progressing during or shortly after 5-FU- (ELF, 5-FU/FA) or anthracycline-(EAP) based ctx.

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Liver resection and liver transplantation for primary hepatocellular carcinoma

Th. Reck, F. Köckerling, A. Altendorf-Hofmann, P. Haller-Pittrow, Ch. Wittekind, W. Hohenberger. *University of Erlangen, Germany*

Purpose: In case of still circumscribed hepatocellular carcinomas (HCC), the sole curative therapeutic option providing a reliable prolongation of life, is surgical removal. We compared different surgical approaches.

Methods: Between 1980 and 1994 we treated 181 consecutive patients with HCC, 93 patients between 1980 and 1989 (first group), and 88 patients between 1990 and 1994 (second group). There were 34 (19%) women and 147 (81%) men ranging in age from 22 to 81 years (median: 61 years). The median follow up time was 75 months.

Results: The resection rate for the first group was 37% (34/93) and for the second group 59% (52/88) (p = 0.02) whereas the postoperative mortality was reduced from 35% to 19% (n.s.). Two of 13 (13%) patients of the second group died after liver transplantation. The 5-year-survival rate of the total 181 patients (without postoperative mortality) for the second group (n = 77) was significantly better than for the first one (n = 78) ($32 \pm 31\%$ versus $12 \pm 7\%$).

This result was significantly influenced by the kind of therapy and the possibility for curative resection. For the curative resected a significant correlation was shown for pT classification, pathological stage and grade of malignancy. A cirrhotic liver and multiple tumours in one lobe were of no significant influence.

Conclusion: The results after liver resection or liver transplantation for HCC nearly approach the survival rates for other gastrointestinal carcinomas. Thus, only if curative treatment is not possible because of concomitant factors, palliative therapies may be employed.

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A phase II study of chronomodulated (CHR) 5-fluorouracil (5-FU) and leucovorin (LV) in combination with epirubicin (EPID) and Cis-Platin (CDDP) in the treatment of metastatic gastric carcinoma (MGC)

M. Bertuccelli, A. Falcone, I. Brunetti, E. Pfanner, G. Allegrini, T. Panduri, M. Lencioni, P.F. Conte. *U.O. Medica Oncology, S. Chiara Hospital, Pisa, Italy*

PELF is an active regimen in MGC although is associated with moderate to severe toxicities. Some studies have demonstrated that a circadian infusion pattern of 5-FU and LV can improve antitumor activity while reducing toxicity. In preclinical studies we have demonstrated that the administration of CDDP after 5-FU improves the synergism of the two drugs. Based on these studies we have treated 23 patients affected by MGC with a modified schedule of PELF. Patients characteristics were as follows: M/F: 19/4, median age 60 years (range 34–71), single metastatic sites in 16 pts and multiple in 7. The initial treatment was Epidx 75 mg/m² day 1 i.v. bolus, Cis-Platin 75 mg/mq day 8 i.v. bolus and 5-Fu 200 mg/m²/day +LV 5 mg/m²/day as a i.v. continuous CHR infusion (g.i. > 14), with 68% of 5-FU and LV dose administered between 4 pm and midnight. Cycles were repeated every 28 days. After the initial 10 pts 5-FU dose was reduced to 150 mg/mq/day, Epidx and CDDP dose to 60 mg/mq because of severe mucositis in 40% of pts and 2 toxic deaths (both because of grade 4 mucositis and sepsis). Total cycles administered were 69 (range 1–6) and all the patients are evaluable for toxicity. In the initial schedule (10 pts) toxicity gr. 3–4 was the following: stomatitis in 4 pts (40%), diarrhoea in 2 pts (20%), vomiting in 1 pts (10%), leucopenia in 3 pts (30%) and thrombocytopenia in 1 pts (10%). In the reduced schedule (13 pts) the only grade 3–4 toxicity observed was stomatitis in 2 pts (15%). 13/23 pts are evaluable for response: 5 CR, 2 PR, 1 MR and 5 PD were observed (RR 53% and 95% confidence limit interval 25–91). Median time to progression was 4.5 months. Although the study is ongoing, preliminary results seem to support that CHR PELF we used has elevated activity in MGC and the reduced schedule is well tolerated.

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POSTER

Surgical therapy of gastric carcinoma in the elderly

P. Piso, J. Jähne, R. Pichlmayr. *Klinik für Abdominal- und Transplantations-chirurgie Medizinische Hochschule Hannover, Germany*

Purpose: Due to increased life expectancy, the number of elderly patients suffering from gastric carcinoma is continuously rising. We analysed our